



Tripoli & Mena Association

"Working With You Through All the Stages of Your Life"

serving the Arabic Speaking Community Since 1975

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“Our Vision... A vibrant Australian- Arabic speaking community by working with you through all the stages of your life”.



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Who We Are

The Fraternal Society of Tripoli and Mena is a community based, non-profit welfare organisation. It was humbly established in 1975 by a group of young Arabic speaking migrants. Their main vision was to help people from their community with everyday welfare needs. Meeting these needs enabled the Arabic speaking community to progress and integrate into Australian society.

Since its establishment, Tripoli and Mena has expanded and become a unique, little organisation that has achieved big things. Its resource base and service provision are as diverse as the community they endeavour to serve. These resources and services are continually developing to meet the changing needs of the Arabic speaking community.

Current Services

- Social Welfare Centre
- Arabic Australian Child Care Centre
- Community Development
- Community Aged Care Packages
- Community Partners Program
- Arabic Aged Centre
- Centre Based Day Care
- Mother's Support Group
- Arabic Language Program (Saturday School)

Our Vision

A vibrant Australian-Arabic speaking community by working with you through all the stages of your life.

Mission Statement

We endeavour to provide sufficient welfare assistance to the Arabic speaking community in order to maximise human potential and wellbeing for successful participation in Australian society.

Aims & Objectives

- To help people from the Arabic speaking community strengthen themselves, their families and their community.
- To increase the Arabic speaking community's resilience and build social capital.
- To advocate for, and empower, people from the Arabic speaking community.

- To continually meet the changing needs of the Arabic speaking community.
- To deliver our services according to the principles of Social Justice, Access, Equity, Rights, Participation, Empowerment, Inclusiveness, Advocacy, Respect, Duty of Care, and, Values and Ethics.
- To provide information, referral and support services.
- To encourage the preservation of the Arab culture and the Arabic language.
- To promote and encourage multicultural and cross-cultural initiatives and activities.
- To network with, and develop, sustainable partnerships with other organisations and services relevant to welfare provision.



Who We Are

Social Welfare Centre

Tripoli and Mena's Social Welfare Centre provides a range of both generalist and specific services that cater for the needs of the Arabic speaking community, with particular focus on children, women, and the elderly.

Community development projects and programs are integral to Tripoli and Mena's service provision. These programs are used to address specific needs of the Arabic speaking community. These include projects such as Community Aged Care Packages and the Community Partners Program which work specifically to ensure the wellbeing of Arabic speaking Muslim elderly.

The Centre is located at 48-50 Taylor St. Lakemba, operating from Monday to Friday between 9am to 5pm. If you require further information or would like to visit the centre, please contact the Manager, Abdul Majid Zahra on 9758 1366.



Services & Activities

Arabic Language Program (Saturday School)

Tripoli and Mena has been providing Arabic language classes at Wiley Park Girls High School since 1977.

The classes cater for students at all levels and are provided to students ranging from the ages of five years and over. The classes take place every Saturday (excludes school holidays) from 9.30am -1.30pm.

All classes are provided free of charge.

To enrol your child, please contact the Social Welfare Centre during business hours on Ph: 9758 1366.

"The classes cater for students at all levels and are provided to students ranging from the ages of five years and over."



Arabic Language Program

"The centre provides children with educational programs, sleeping facilities, halal and nutritious meals and recreational activities".

Arabic Australian Child Care Centre

The Child Care Centre is a multicultural and community based/ not for profit long day care centre. Providing care and education for (39) children ranging from ages six weeks to six years old, it has been in operation since its official opening in January 1985.

The Centre provides children with educational programs, sleeping facilities, halal and nutritious meals and recreational activities. It is open to children of all backgrounds hence; multiculturalism is integral to the daily operation of the child care. This is demonstrated through the day to day activities.

Parents are also encouraged to participate in the running of the Centre by either becoming actively involved in the management committee or providing suggestions to the Director of the Centre.

The Centre is consistently providing a High Quality of Service and is accredited by the National Child Care Accreditation Council.

The operating hours are from 7am to 6pm Monday to Friday. For further information, please contact the Director on Ph: 9758 2256.



Community Partners Program (CPP)

The Community Partners Program is a Federal Government funded initiative designed to increase and sustain access of elderly people from culturally and linguistically diverse backgrounds into mainstream aged care services.

CPP aims to increase this access by identifying what are the barriers that hinder access of CALD elderly into aged care services. CPP then aims to identify solutions to breakdown the barriers. This is achieved by working with service providers and CALD elderly to meet a common ground.

The Community Partners Program at Tripoli and Mena caters for the Arabic speaking Muslim aged community. Currently, Tripoli and Mena has two CPP Project Officers who cover four geographical regions.

The areas covered are South East Sydney, Inner West Sydney, Western Sydney and South West Sydney. To contact the CPP Project Officer for SWS and WS, call Ph. (02) 9759 3436. To contact the CPP Project Officer for IW and SES, call Ph. (02) 9758 1366.

Arabic Aged Centre

The Arabic Aged Centre is a HACC funded initiative which pays homage to Arabic speaking elderly. The service provides welfare support as well as Centre Based Day Care for the frail aged from Monday to Thursday, open to Arabic speaking elderly from the Canterbury Council LGA. It also provides Dementia specific Day Care every Friday, open to Arabic speaking elderly from the Canterbury/Marrickville Council LGAs.

Centre Based Day Care

The Centre Based Day Care is a social support service that provides leisure activities to the Arabic speaking frail aged. It works to reduce the risk of social isolation by encouraging clients to meet new people, socialise, participate in planned events and activities and hence, lead an active lifestyle. Information sessions, activities and excursions are run on a monthly basis with morning tea provided. Centre transport is available upon request (a small fee applies).

The Centre also provides a computer kiosk readily available for the elderly to use and lessons are provided free of charge.

Dementia Specific

Tripoli and Mena proudly runs a Centre Based Dementia Specific Day Care group. It runs every Friday between 9am-2pm and a small fee applies. The service aspires to support Arabic speaking elderly with dementia through culturally and religiously appropriate care.

The facility caters for the safety needs of its dementia clients. Nutritious meals and leisure activities form the basis of this group. Tripoli and Mena has its own bus which picks up and drops off each client upon request. The Day Care is run by Arabic speaking staff.

The Centre is located at 54A Railway Parade, Lakemba, NSW 2195. For further information please contact the Centre Coordinator on Ph: 9759 3436.

Community Aged Care Packages (CACP)

Community Aged Care Packages are planned and coordinated packages of low care services provided to assist elderly people with their care needs. These packages are unique to each care recipient's needs and are designed to assist elderly people to remain in their homes. These services include personal care, domestic care, light home and garden maintenance, transport and respite. The services provided are flexible and change as the individual's needs change.

The CACPs provided by Tripoli and Mena cater for the Arabic speaking Muslim aged community, and service the Sydney metropolitan area. Eligibility for a CACP is determined by an ACAT assessment.

If you require further information please contact the CACP coordinator on Ph: 9758 1366.



“...by encouraging clients to meet new people, socialise, participate in planned events and activities and hence, lead an active lifestyle”.



Community Development

Community Development is an integral part of Tripoli and Mena which aims to support people to work together to gain control over resources, knowledge and information, social relationships and decision-making.

It also promotes the development of existing support groups and services assisting the Arabic speaking community, particularly families and children from disadvantaged socioeconomic backgrounds.

Tripoli and Mena's Community Development aspires to facilitate leadership, pride, independence, and capacity building via community consultations. As a result, insight into the needs of the Arabic speaking community is provided which is used to determine planning, policies, and resource provision.

If you require further information please contact the Community Development Officer on Ph: 9758 1366.



"Tripoli and Mena's Community Development aspires to facilitate leadership, pride, independence, and capacity building..."

Funding Sources

Tripoli and Mena's primary source of funding comes from Government Departments according to the program being funded:

- Department of Community Services
 - Arabic Community Worker
 - Arabic Child Care Centre
- Department of Ageing, Disability and Home Care
 - Arabic Aged Welfare Worker
 - Centre Based Day Care- Frail Aged
 - Centre Based Day Care- Dementia Specific
- Department of Health and Aging
 - Community Aged Care Packages (CACP)
 - Community Partners Program (CPP)
- Department of Family & Community Services
 - Arabic Australian Child Care
- Department of Education and Training:
 - NSW Community Languages School Program
 - Arabic Language Program (Saturday School)

Tripoli and Mena's secondary source of funding comes from:
- Membership fees, Donations and Fund Raising.

"عملنا في تنمية المجتمع المحلي يطمح لتسهيل القيادة والأعزاز والاستقلال وبناء القدرات من خلال المشاورات للجالية العربية."

مصادر التمويل

يتم تمويل برامج جمعية طرابلس والميناء الخيرية من المصادر التالية:

- * دائرة الخدمات الاجتماعية في ولاية نيو ساوث ويلز
 - برنامج التنمية الاجتماعية ومركز رعاية الأطفال.
 - * دائرة المسنين والمعوقين والعناية المنزلية في ولاية نيو ساوث ويلز
 - برنامج الرعاية النهارية للمسنين
 - * دائرة التعليم في ولاية نيو ساوث ويلز
 - برنامج اللغة العربية (مدرسة السبت)
 - * دائرة الصحة والمسنين في الحكومة الفدرالية
 - برنامج خدمات المسنين المسلمين وبرنامج شركاء الجالية للمسنين .
 - * دائرة العائلة والخدمات الاجتماعية في الحكومة الفدرالية
 - برنامج رعاية الأطفال
 - اما المصادر الثانوية الأخرى فهي كالتالي :
رسوم العضوية التبرعات جمع تبرعات .

برنامج تنمية المجتمع

تنمية المجتمع هو وجه من الوجوه الكبيرة والهامة التي توفرها مؤسستنا مع التركيز بشكل خاص على الناطقين باللغة العربية من الأطفال والنساء الذين يقيمون في سيدني. وقد أصبح هذا ممكنا من خلال برنامج المنح لدائرة خدمات المجتمع

(NSW Department of Community Service)، وهي مبادرة دعمتها دائرة خدمات المجتمع لجمعية أبناء طرابلس والميناء منذ العام ١٩٨٢.

برنامج تنمية المجتمع هو بإشراف المرشد/المرشدة الاجتماعي للتنمية الاجتماعية ضمن مركز الخدمات الاجتماعية. عملنا في تنمية المجتمع المحلي يطمح لتسهيل القيادة والأعزاز والاستقلال وبناء القدرات من خلال المشاورات للجالية العربية. ونتيجة لذلك التبصر في تلبية احتياجات المجتمع نقوم بتقديم الخدمات من خلال التخطيط ووضع السياسات العملية وتوفير الموارد. ويشرف برنامج تنمية المجتمع على برنامج دعم الأمهات كل يوم أربعاء .

